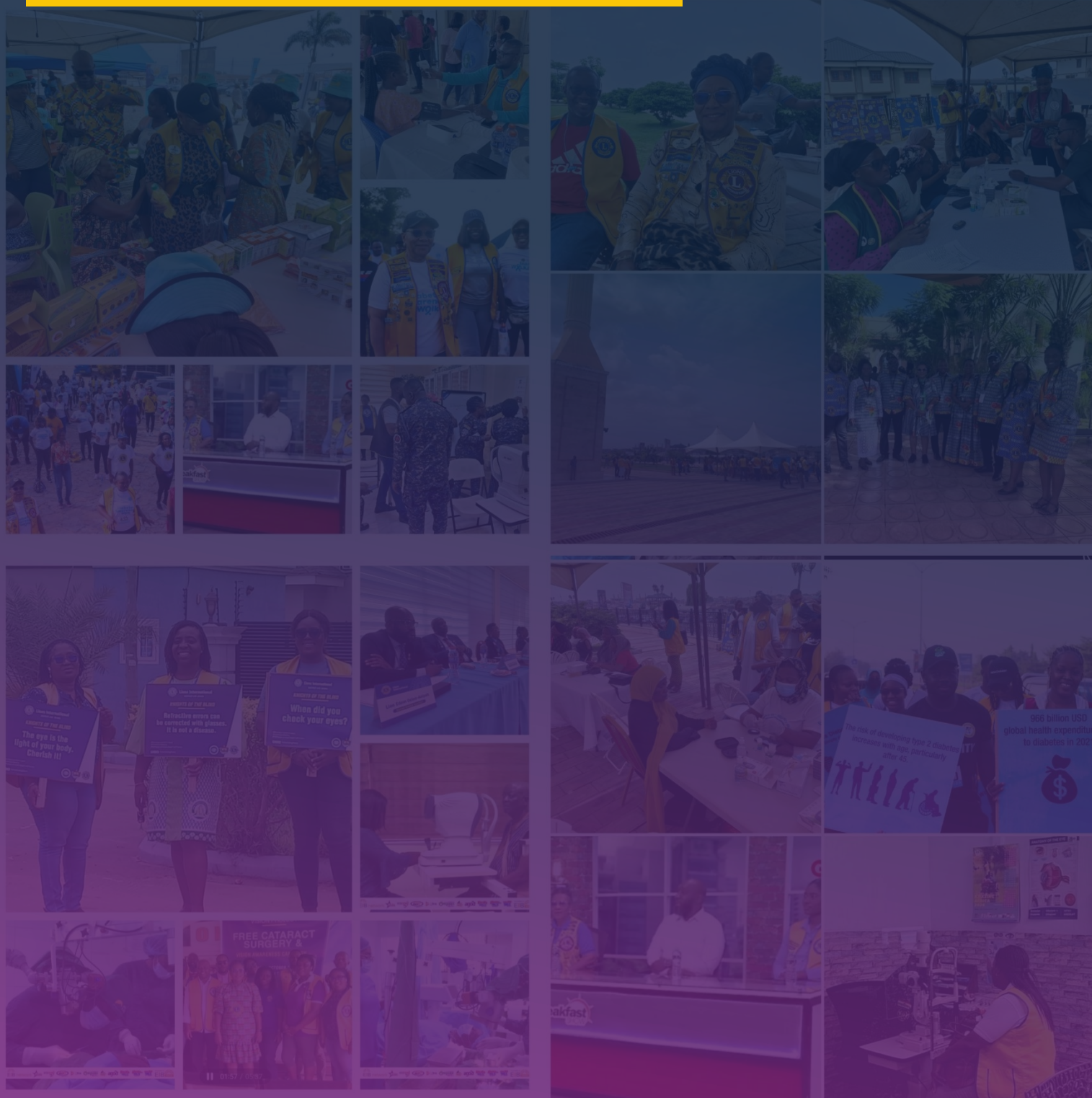




Lions International

DISTRICT 418 QUARTERLY NEWSLETTER Vol.6 No. 2

OCT. - DEC. 2024



MISSION 1.5





EDITOR'S NOTE

Dear Lions,

Welcome to this Vol. 6 No. 2 edition of the District 418-Ghana newsletter, highlighting the inspiring service activities carried out during the last quarter of 2024. From health-focused activities such as diabetes awareness, breast cancer screening, cataract surgeries, and free eye care, to hunger relief initiatives, our District and Clubs continue to uphold the Lions' motto, *We Serve*.

These impactful stories reflect the unwavering commitment of our Lions and Leos to making a difference in the lives of the underserved. Together, we have touched lives in orphanages, police cells, mosques, communities, and schools, embodying the spirit of service, compassion, and hope. As you read through these remarkable accounts, may you be inspired to rededicate yourself to the transformative power of service.

Yours in Service,

Lion Oscar Onai, MJF

District Marketing and Communications Chairperson



MISSION 1.5

Accept the mission.

Our drive to reach 1.5 million members worldwide starts with you.

#MissionToGrow





LIONS DISTRICT 418-GHANA TRANSFORMS LIVES WITH CATARACT SURGERIES



District 418-Ghana of Lions International, in partnership with a Ghana-based corporate sponsor, provided life-changing cataract surgeries to 100 underprivileged individuals. The transformative project, held at Save the Nation Sight Hospital in East Legon, Accra, spanned October 7th to 11th and concluded on October 14th, 2024.



Led by District Governor Lion Dr. Helena Asamoah-Hassan, PMJF, the initiative coincided with Lions Clubs International's October Vision Month and World Sight Day on October 10th. To complement the surgeries, Lions from various Clubs conducted an eye health awareness campaign along the UPSA-East Legon road, educating the public on preventive care and the importance of regular vision check-ups. This impactful project underscores the Lions' commitment to addressing critical eye health needs and improving lives.





DISTRICT 418-GHANA LEADS MONTH-LONG DIABETES SCREENING AND AWARENESS CAMPAIGN

In November 2024, District 418-Ghana embarked on a month-long campaign to raise awareness about diabetes and promote early detection, reaching thousands of Ghanaians through impactful activities. This initiative aligned with Lions International's commitment to addressing global health challenges, particularly diabetes prevention and management.

The campaign featured a series of awareness programs across major television and radio stations, one of which featured the District Governor, Lion Dr. Helena Asamoah-Hassan, PMJF, the District Diabetes Chairperson, Lion Jennifer Duodu-Mensah, and Physician Specialist Dr. Kobina Biney on the GTV Breakfast Show.

The highlight of the month-long activity was a free diabetes screening event held on November 8th at the Central Mosque in Kawukudi. Many worshipers at the mosque and individuals from the surrounding community took advantage of the opportunity to check their blood sugar levels, receive expert advice, and learn about managing the condition. Lions and Leos from various clubs volunteered their time to ensure the event's success, further demonstrating the spirit of service that defines the organization.





LIONS CLUBS CONDUCT FREE EYE SCREENING AND GLASSES DONATION FOR GHANA POLICE OFFICERS

With support from the District and some corporate sponsors, 15 Lions Clubs led by Accra Omega Lions Club organized a free eye screening and reading glasses donation activity for officers of the Ghana Police Service on October 25, 2024. The event, held at the Ghana Police Headquarters, aimed to promote eye health and support the vision needs of law enforcement officers.

Thanks to the District's donation of 300 eyeglasses, officers who needed one were given one free of charge. The activity was a testament to Lions' commitment to serving diverse communities and addressing critical health needs, fostering collaboration and goodwill between Lions Clubs and the Ghana Police Service.

ACCRA GOLDEN LIONS CLUB ORGANISES THE LIONS STRIDE 2.0: A DIABETES AWARENESS ACTIVITY



On November 30, 2024, the Accra Golden Lions Club organized *The Lions Stride 2.0*, a 5.2 km walk along the scenic Ayimensah-Peduase Hill, to raise awareness about diabetes. The activity, which promoted healthy living and education on diabetes prevention, saw active participation from several Lions Clubs across the District and was graced by the District Governor, Lion Dr. Helena Asamoah-Hassan, PMJF, GLCF.





ACCRA UBUNTU LIONS CLUB COMMISSIONS REFURBISHED NUTRITION REHABILITATION CENTRE

On November 27, 2024, the Accra Ubuntu Lions Club proudly commissioned the refurbished Nutrition Rehabilitation Centre at the Princess Marie Louise Children's Hospital in Accra. This impactful hunger relief initiative aimed to improve the hospital's capacity to address malnutrition among children and provide a conducive environment for recovery and care.

The District Governor, Lion Dr. Helena Asamoah-Hassan, PMJF, unveiled the commemorative plaque during the ceremony, applauding the Accra Ubuntu Lions Club for their dedication to alleviating hunger and improving child nutrition.



TAKORADI OIL CITY LIONS CLUB MARKS WORLD DIABETES DAY



On November 14, 2024, the Takoradi Oil City Lions Club commemorated World Diabetes Day with a diabetes awareness activity at the Effia Nkwanta Regional Hospital in Takoradi. Organized in collaboration with the hospital, the event featured free diabetes screenings and an engaging public forum on the causes, types, and risk factors of diabetes.





TEMA INDUSTRIAL LIONS CLUB LEADS BREAST CANCER ACTIVITY

On October 24, 2024, the Tema Industrial Lions Club spearheaded a breast cancer awareness and screening activity at the TDC Training Centre in Tema. The initiative, aimed at promoting early detection and raising of awareness, also provided beneficiaries with physiotherapy and massages to enhance their overall well-being. The activity saw participation from Accra GyeNyame, Tema Oak, and Accra Omega Lions Clubs, as well as support from TDC Ladies and Raphal Medical Centre.



LIONS CLUBS MARK WORLD AIDS DAY WITH FREE HEALTH SCREENING IN KPONE-KATAMANSO



On December 4, 2024, the Tema Greenwich, Tema Gentlewomen, and Westland Citadel Lions Clubs, in collaboration with the Kpone-Katamanso Municipal Health Directorate, commemorated World AIDS Day with a health-focused outreach under the theme "Take the Right Path."

The event, held at the premises of the KAMSBEZ Zonal Council, featured free health screenings, including HIV testing and counselling, to raise awareness about HIV/AIDS and promote healthy lifestyles. The activity emphasized the importance of making informed health decisions and accessing timely medical care, aligning with the global efforts to end the AIDS epidemic.





LIONS INTERNATIONAL DISTRICT 418-GHANA UNDERTAKES A YOUTH-CENTRED LITERACY ACTIVITY

Lions International District 418-Ghana, led by District Governor Lion Dr. Helena Asamoah-Hassan, PMJF, GLCF, has donated over 6,000 reading books to ten underprivileged basic schools across four regions in Ghana. This initiative, aligned with Youth, one of Lions International's eight core service areas, represents a major stride in promoting literacy and empowering young learners in underserved communities.

The presentation ceremony, held on Monday, December 16, 2024, at the District 418-Ghana Secretariat, brought together key stakeholders to mark this remarkable achievement. Attendees included District Cabinet Members, Club Presidents, selected Leos, Heads of the beneficiary schools, and a group of eager learners.





LIONS DISTRICT 418-GHANA LEADS HUNGER RELIEF EFFORTS FOR VULNERABLE GROUPS



In the spirit of service and compassion, Lions International District 418-Ghana, under the leadership of District Governor Lion Dr. Helena Asamoah-Hassan, PMJF, GLCF, and the District Hunger Committee, organized two impactful hunger relief activities in December 2024.

On December 13, the District collaborated with the Office of the Ga Kingdom Paramount Queen for Youth and Children, Naa Ayele Nobaatse I, to distribute breakfast to physically and mentally challenged persons and head porters within Accra Central and Abossey-Okai. This activity provided much-needed support to some of the city's most vulnerable residents.

Additionally, on December 24, the District partnered with aYo Ghana, Softlife Ghana, DrugNet, and Samospharma to deliver food supplies, health support, and used clothes to the aged in Dodowa. The event not only addressed hunger but also created a sense of community and care during the festive season.





ACCRA EXCEL LIONS CLUB BRINGS HOPE TO SENIOR CORRECTIONAL CENTRE



On December 28, 2024, Accra Excel Lions Club extended a hand of compassion to the Senior Correctional Centre in Accra through a hunger relief initiative. The club donated essential items, including bags of rice, toiletries, washing powder and detergents, cooking oil, and buckets of groundnut paste, among others, to support the young residents of the facility.

ACCRA PLATINUM LIONS CLUB BRINGS JOY TO TRINITY HOME ACADEMY ORPHANAGE

On December 28, 2024, Accra Platinum Lions Club brought festive cheer to the Trinity Home Academy Orphanage in Tutu Akuapem through a heartfelt hunger relief initiative. The club donated an array of essential items, including bags of rice, biscuits, toiletries, washing powder and detergents, tomato paste, cooking oil, bottles of mineral water, and assorted drinks, among others. The donation aimed to support the well-being of the children and staff at the orphanage, ensuring they enjoyed a warm and nourishing festive season.



TEMA LIONS CLUB HOSTS HUNGER RELIEF ACTIVITY FOR WIDOWS IN WINNEBA



On December 28, 2024, Tema Lions Club brought comfort and joy to aged widows in Winneba through a meaningful hunger relief initiative. The event included a warm feast for the widows, fostering a sense of community and care during the festive season. Additionally, each participating widow was presented with a half-piece of cloth.

TEMA EXECUTIVE LIONS CLUB BRING HUNGER RELIEF TO POLICE CELL INMATES

On December 26, 2024, Tema Executive Lions Club, in collaboration with Tema Industrial Lions Club, carried out a hunger relief activity to support inmates in police cells within Tema. The initiative saw the distribution of packed meals, providing nourishment and comfort during the festive season.

This act of compassion underscores the Lions' dedication to serving even the most marginalized groups in society, fostering hope and dignity through impactful service.





LIONS CLUBS INTERNATIONAL DISTRICT 418



INSPIRE INVOLVE INNOVATE

